



# Success Stories

## Brynn Mortensen – Holbrook Elementary

Brynn Mortensen is a student at Hanna Holbrook Elementary. She is in Mrs. Ashliman's 3<sup>rd</sup> grade class. Brynn loves to walk and run the Gold Medal Mile. She says she is using it to help her prepare to run track in Jr. High. Her parents are very supportive of her running and her older sister runs track. This has influenced Brynn to want to be just like her older sister. Brynn and her friends walk and run the Gold Medal Mile together every recess. She loves running and walking with them because they motivate her to keep going. Brynn is already preparing for goals far in her future she says, "If you do it, you are proud of it. You will play better and win." Already walking and running the Gold Medal Mile has helped her be more physically active and fit for soccer and basketball. It has also helped her be more competitive. She is really happy that the school encourages her to be healthy and to exercise. Her teacher is also a great support to her and reminds her to walk and run!